## Nutrition Month

March is Nutrition Month! Help unlock the potential of food by starting a food drive in support of Parker Street Food & Furniture Bank.

In the spring months, although our fresh and canned food donations decrease, the demand for nutritious meals from clients at Parker Street remains high, emphasizing our commitment to providing food boxes. By hosting a food drive, you can make a direct impact on the lives (and meals!) of families in need across the Halifax Regional Municipality. Collect canned and other non-perishable goods in your neighborhood, community, workplace or school.

Start planning your food drive today by emailing donations@parkerstreet.org.

**See our food drive wish list**

Parker Street
food & furniture bank

2415 Maynard Street, PO Box 9227, Halifax, NS B3K 3V2 902-425-2125 www.parkerstreet.org

## Winter Warmup

During our February **Winter Warmup** event, Parker Street Food & Furniture Bank gave away **178 coats** to **48 families in need**!

Thank you to our amazing donors, staff and volunteers for their time, dedication and hard work in helping us keep our community warm this winter.

Get in touch
@parkerstreetfoodbank
@parkerstreethfx
@parkerstreetfood

## Make It Monthly

Make a new monthly gift of **$20 or more** to Parker Street Food & Furniture Bank through CanadaHelps in March, and CanadaHelps will make a **one-time extra $20 donation** to us!

Terms and conditions apply. Click here to view.

**Make a monthly gift!**

make it monthly

# Upcoming Events

## Technology Assistance Program

Applications for our Technology Assistance Program (T.A.P.) reopen on Monday, **April 8**!

Through our Technology Assistance Program, Parker Street Food & Furniture Bank provides low-income students with needed laptops and tablets to help meet their academic goals more successfully.

**Learn more**

Get in touch
@parkerstreetfoodbank
@parkerstreethfx
@parkerstreetfood

# Thank You for Your Support

## Manzanita

Thank you to **Manzanita** for your donation of $200,000 in support of operations at Parker Street Food & Furniture Bank.

Because of your generosity, we can continue to serve thousands of community members in need across the Halifax Regional Municipality with food, furniture and other services.

Parker Street food & furniture bank

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# Follow Us on Social Media

**For more information please contact**

Romaine Rhoden, Director of Donor Relations and Communications
Email: communications@parkerstreet.org • Tel: 902-377-4767

Parker Street Food & Furniture Bank
Visit Our Website

Parker Street Food & Furniture Bank | P.O. Box 9227, Halifax, B3K 5M8 Canada

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